

2016-2017

The Second English Test



Text:

Grains, fruit and vegetables, meat and other proteins, dairy, fat and sugar compose the five food groups. In a healthy diet, each group plays an important role. To keep in good health, people must consume a lot of grains, fruit; apples, oranges, strawberries... and vegetables; cucumber, carrots, tomatoe.... They mustn't eat too much dairy, meat and other .proteins, and they must avoid too much fat and sugar.

PART ONE:

Read the text carefully then do the following activities

A/ Reading Comprehension (07 Pts)

Activity one(02 Pts):Read the text carefully and answer the questions.

- 1- What are the five food groups?.....
- 2- Must we consume a lot of fat and sugar?.....

Activity two(03 Pts): Where can we find the followings. Match each pair

- | | |
|----------------|-----------|
| - calcium | - oranges |
| - Protein | - water |
| - vitamins 'C' | - meat |
| - minerals | - cheese |

Activity three(02 Pt):

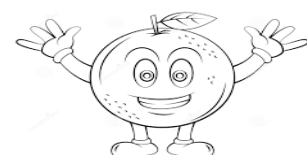
Sort out from the text 2 words related to fruit and 2 others relted to vegetables

Fruit

1-.....2-.....

Vegetables

1-.....2.....



*grains: the small seeds of food plants



Activity one(02 Pts):Name this food



1-..... 2-.....

A cartoon illustration of a young boy with blonde hair, wearing a green shirt, sitting at a table. He is holding a large chicken drumstick in his right hand and a fork in his left hand. He has a surprised or excited expression on his face. On the table in front of him is a plate with a fork and a knife, and a glass. There are some food items on the plate, including what looks like a piece of meat and some vegetables. The background is a simple white wall.