Level: 1st Year Scientific Streams ***School Year: 2025/2026***

Second Term English Test

Read the text carefully then do the following activities:

A recent survey was conducted on people aged between 15 and 30 to understand their scrolling habits on Instagram and TikTok. The results show that about 75% of young people spend more than three hours a day watching short videos. Nearly 68% of the participants said that **they** scroll without thinking and often waste a lot of time online.

The findings show that watching too many short videos has a bad effect on the brain. According to the survey, around 70% of respondents reported problems with concentration. Experts use the term "brain rot" to describe the tiredness of the mind caused by too much fast and repeated content. Because of **this**, over 60% of participants said they find it difficult to study for long periods or read long texts.

The survey also shows that this habit is spreading to children. About 55% of respondents said that children start using social media at a very young age. Teachers reported that almost 65% of students lose focus more easily and find it harder to pay attention in class compared to previous years.

In conclusion, our findings show that too much scrolling can reduce concentration and affect mental health. More than 70% of participants agreed that limiting screen time and encouraging activities such as reading, playing sports, and face-to-face communication can improve focus and well-being.

American Psychological Association (APA) – How social media affects attention and mental health
https://www.apa.org/monitor/2023/07/social-media-brain

Part One : (15 POINTS)

A/ Comprehension: (8pts)

1.Choose the correct answer of the followings: (1pt)

The Text is : **a.** an email **b.** a survey **c.** a questionnaire

2. Say if the statements below are "True" or "False" according to the text : (2pts):

1.All young people in the survey spend the same amount of time watching short videos. (…...……)

2.The term "brain rot" describes the mind becoming tired because of too much fast content.(……)

3.Watching many short videos can make it harder to focus and study for long hours. (……)

4.Teachers say that students today are more focused in class than in the past . (…….…..….)

3. Answer the following questions according to the text.(3pts)

1.How many hours do most young people spend watching short videos every day?

……

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2.Why does watching too many short videos affect concentration?

……..

3. Are children completely safe from the effects of excessive scrolling? justify.

……..

4.What or who do the underlined words refer to in the text?(2pts)

1. They ***(§1)*** …….. ***2.***This ***(§2)*** **=**.....

B/ Text Exploration : (7pts)

1.Find in the text words which are closest in meaning to: (1.5pt)

a. Results (§2) =…… **b-** impact(§2)= ……. **c**. Limit (§3) =……..…

2. Complete the table below(1.5pts)

Verb	***Noun***	***Adjective***
……..	***showing***	……
……..	……..	***Requested***
To report	…….	…….

3.Re-write the sentence "B" so that it means the same as sentence "A": (3 pts.)

A/The survey says: "Young people spend many hours watching short videos."

B/ .....

A/ The survey said:"Short videos reduce attention."

B/ .....

A/ He asks:"Do students lose focus easily?"

B/ .....

4.Mark the stressed syllable in the following words: (1pt)

Bookshop - Dramatic - Crossword - Colonial

5. Fill in the gaps using words from the list: (5pts)

Survey – Data – Researcher – Participants – Questions – Findings

A recent …….. was done to study the effects of social media on young people. It was conducted by a……. . Information was collected from the group of…… using a set of……. . All the data collected led to the final…….

Best of luck

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Correction

Part One : (15 POINTS)

A/ Comprehension: (8pts)

1.Choose the correct answer of the followings: (1pt)

The Text is : b. a survey

2. Say if the statements below are "True" or "False" according to the text : (2pts):

a- False

b- True

c- True

d- False

3. Answer the following questions according to the text.(3pts)

a- More than three hours a day.

b- Because it causes mental tiredness ("brain rot") due to fast and repeated content, which reduces focus.

c- No, because the habit is spreading to children at a very young age.

4.What or who do the underlined words refer to in the text?(2pts)

a- They (§1) → participants .

b- This (§2) → scrolling.

B/ Text Exploration : (7pts)

1.Find in the text words which are closest or opposite in meaning to: (1pt)

a. Results (§2) = findings

b- impact(§2)= effect

b. Limit (§3) = reduce

2. Complete the table below(2pts)

Verb	*Noun*	*Adjective*
To show	*showing*	*shown*
To request	*requesting*	*Requested*
To report	*reporter*	*reported*

3.Re-write the sentence "B" so that it means the same as sentence "A": (3 pts.)

a- The survey says that young people spend many hours watching short videos.

b- The survey said that short videos reduced attention.

c- He asked if students lost focus easily.

4.Mark the stressed syllable in the following words: (1pt)

'Bookshop - Dra'matic - 'Crossword - Co'lonial

5. Fill in the gaps using words from the list: (5pts)

A recent survey was done to study the effects of social media on young people.
It was conducted by a researcher. Information was collected from the group of participants using a set of questions. All the data collected led to the final findings.

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